

MY DAILY PLAN

*Everything is working out for my highest good,
and out of this experience, only good will come.*

Date _____

TODAY'S WORDS

A kind word I want to give myself today:

TOP 3 PRIORITIES

- 1 _____
- 2 _____
- 3 _____

THINGS TO DO

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

HOURLY SCHEDULE

- 6 am _____
- 7 am _____
- 8 am _____
- 9 am _____
- 10 am _____
- 11 am _____
- 12 pm _____
- 1 pm _____
- 2 pm _____
- 3 pm _____
- 4 pm _____
- 5 pm _____
- 6 pm _____
- 7 pm _____
- 8 pm _____
- 9 pm _____
- 10 pm _____
- 11 pm _____
- 12 am _____

WHAT MADE TODAY MEANINGFUL?

Pause for a moment before moving on to tomorrow.
